

# The Innate Lifestyle



Eat Well



Move Well



Think Well

The Eat Well - Move Well - Think Well Camp will be held at the fabulous Westin Bear Mountain Resort in beautiful Victoria BC Canada

\*Special Room Rates: 180.00 & 230.00  
Hotel bookings are not included in seminar fee

**Registration Closes  
June 5th, 2009!**

**Register Today for Only  
\$1199.00**

**August 27-30th, 2009**

## **Eat Well - Move Well - Think Well® Innate Lifestyle Camp**



**Hear Dr. Chestnut present his revolutionary Eat Well, Move Well and Think Well lectures while you are actually living and experiencing the Innate lifestyle implementations.**

- Eat the Innate Diet - All meals and snacks are organic and congruent with The Innate Diet and are INCLUDED IN REGISTRATION FEE!
- Practice Innate Physical Fitness & Spinal Hygiene! - Fitness classes and organized hikes.
- Experience Your Innate State of Mind - Exercises for Personal, Relationship and Business Happiness and Success.
- Learn to EASILY implement the Eat Well - Move Well - Think Well lifestyle changes and how to teach others to do the same.

**Spouses and Patients Welcome!**



**Eat Well Move Well Think Well™**

**Register Today!**

[www.thewellnesspractice.com](http://www.thewellnesspractice.com) or call toll free 1-866-935-5362