

The Innate Lifestyle



Eat Well



Move Well



Think Well

The Eat Well - Move Well - Think Well Camp will be held at the fabulous Westin Bear Mountain Resort in beautiful Victoria BC Canada

*Special Room Rates: 180.00 & 230.00
Hotel bookings are not included in seminar fee

Early Bird Registration

Before March 31, 2010

\$1399.00

Register after April 1, 2010

\$1599.00

August 13-15th, 2010

Eat Well - Move Well - Think Well[®] Innate Lifestyle[™] Camp

Hear Dr. Chestnut present his revolutionary Eat Well, Move Well and Think Well lectures while you are actually living and experiencing the Innate Lifestyle[™] implementations.

- Eat the Innate Diet - All meals and snacks are organic and congruent with The Innate Diet and are INCLUDED IN REGISTRATION FEE!
- Practice Innate Physical Fitness & Spinal Hygiene! - Fitness classes and organized hikes.
- Experience Your Innate State of Mind - Exercises for Personal, Relationship and Business Happiness and Success.
- Learn to EASILY implement the Eat Well - Move Well - Think Well lifestyle changes and how to teach others to do the same.

Spouses and Patients Welcome!



Eat Well Move Well Think Well[®]

Register Today!

www.thewellnesspractice.com or call toll free 1-866-935-5362