

Study Shows Vitamin D has Dramatic Preventative Power Over Cancer

McDonnell et al. (April 2016) Serum 25-Hydroxyvitamin D Concentrations >40 ng/ml Are Associated with > 65% Lower Cancer Risk: Pooled Analysis of Randomized Trial and Prospective Cohort Study PLoS One 11(4)

QUOTE BOARD:

"Vit D concentrations > 40 ng/ml were associated with substantial reduction in risk of all invasive cancers."

"Specifically, there was a 77% lower incidence rate of cancer for >40 ng/ml vs

"These results show the importance of vitamin D for the prevention of cancer."



What You Need to Know:

What this, and previous studies, show is that vitamin D deficiency significantly increases cancer risk and vitamin D sufficiency significantly and dramatically decreases cancer risk.

A study by Lowe et al. published in the European Journal of Cancer in 2005 reported an 83% reduction in breast cancer risk for women with high vs low vitamin D levels.

A study by Mohr et al. in 2014 showed that breast cancer patients with the highest levels of vitamin D has approximately half the fatality rate of patients with the lowest levels of vitamin D!

A four year study by Lappe et al. published in the American Journal of Clinical Nutrition in 2007 reported a 77% reduction in all invasive breast cancers in women who supplemented with vitamin D vs those who did not supplement!

What You Need to Do:

You need to get sufficient in vitamin D. There is simply no easier or less expensive or more evidence-based way to lower your risk of cancer and to increase your ability to prevent it than by supplementing with Innate Choice OmegA+D Sufficiency. Ask your practitioner why it is the best source of both vitamin D and omega 3.

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